Reduce





- Think reduce with water, energy, waste, plastic, consumption, pollution,
- Purchase second-hand and recycled items
- Offer unused items to family / neighbours, charity stores, online, etc.
- Give experiences and services as gifts not stuff
- Use public transport, walk / cycle, carpool
- Collect water and give it a second use water from the shower and use to flush toilet or on the garden
- Establish a toy / tool / clothing / book library to share with others - a sharing shed!
- Join campaigns: buy nothing new month, zero waste, carbon cutters, 350.org

Find out more: <u>teaspoonsofchange.org</u>