Teaspoons of Change - Global Citizen Booklet

This booklet is designed to help you:

- Share global perspectives,
- Give context and inspire action, and
- Not only identify as, but BE, an active & effective global citizen

So what is a global citizen…?

If you’re not sure what the words ‘global citizen’ mean to you (most of us don’t) then this booklet is for you. It is primarily intended for schools, teachers and students, but can be used by anyone who wants to know more about being a global citizen.

This booklet will engage you with the Global Goals and being an active and effective global citizen! It complements Teaspoons of Change presentations or can be used on its own.

I hope you enjoy and strengthen your knowledge, skills and experiences to be a more active and effective global citizen!

Many thanks, d'Arcy.

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Introduction to the Global Goals

• The UN’s Millennium Development Goals (MDGs) took us from the year 2000 to 2015 to work towards ending extreme poverty

• The successor of the MDGs are: The Global Goals for Sustainable Development, also known as the Global Goals or the Sustainable Development Goals (SDGs)

• They are our new global framework until 2030 to work together to end poverty, reduce inequality and protect the planet

• Learn more at http://globalgoals.org/ and specifically for schools, teachers and students see the World’s Largest Lesson: http://www.globalgoals.org/worldslargestlesson

What do you think is a Global Citizen?

What do the Global Goals mean to you, your family, your community, your country?

Remember: we are all global citizens and everyone has their own understanding, meaning and actions as a global citizen!
*One defn. is: knowing we are connected to people & the planet.

How to be an Active and Effective Global Citizen

2 Tips to be an active and effective global citizen:

• Know good people, with good ideas, doing good things!
• Be a bridge linking people who want to do good things with those who are already doing good things

Create your own list of good people doing good things!
Global Citizen Draw

What does a global citizen think, feel, say and do?

Are you part of the pollution? Or are you part of the solution?
How does a Global Citizen Create BIG Change?

Teaspoons of Change
- Personal choices, decisions & actions that have a positive impact on people and the planet creating positive change
- To solve big problems it takes lots of small actions

Help and Harm
Make a list of your personal helpful and harmful actions…

Don’t be upset by the harms, recognising them is important so you can aim to maximise your help, and minimise your harm…

What are your personal Teaspoons of Change?
- 
- 
- 
-
Does any of this make a difference?
Write how your Teaspoons of Change impact on the Global Goals

Influence - who influences you, and who do you influence?
Outside → In; and Inside → Out

Remember: what you think, feel, say and do as a young global citizen today is just as important, meaningful & powerful!

Q&A
What do you want to know to become an effective global citizen? (ask others, research and find out answers to your own question)

Action Journey & Call to Action
- We know what it takes to achieve the Global Goals
- We can (and need) to work together

Action Journey: list from first steps to Champion of Change!

<table>
<thead>
<tr>
<th>First Steps / Actions</th>
<th>personal choices, decisions and actions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shout!</td>
<td>share ideas and actions with others</td>
</tr>
<tr>
<td>Community Change-Maker</td>
<td>get involved in local advocacy and action</td>
</tr>
<tr>
<td>Champion for Change</td>
<td>create/join global campaigns and initiatives</td>
</tr>
</tbody>
</table>
Extension Activity: Plan Your Own Campaign

**Step 1: Information & Inspiration** - give facts and info but also share why you care so others can care too (connect heart & brain)

**Step 2: Message** - create a strong and easy to understand message based on information and inspiration in Step 1

**Step 3: Method** - How will you share your message with others? Think of ways to motivate and lead people towards action…

Gift + Passion = CHANGE
(do what you like doing + what you care about = change!)

Change The World!

Write one sentence that summarises GLOBAL CITIZEN for you now:

Small Actions X Lots of People = BIG CHANGE
Let’s see a poverty-free world for everyone, everywhere & forever!

Good luck in being an ACTIVE AND EFFECTIVE GLOBAL CITIZEN!
Resources / References / Links

Links to Teaspoons of Change presentations:
- Full presentation with videos (917MB): https://goo.gl/F194T7
- Email version with links to videos (52MB): https://goo.gl/xvGmCN
- PDF version with notes (13MB): https://goo.gl/LasDP8

Essential links to be a great global citizen:
- Teaspoons of Change: http://teaspoonsofchange.wordpress.com and Facebook: www.facebook.com/teaspoonsofchange
- Global Citizen: www.globalcitizen.org
- The Global Goals (SDGs): http://globalgoals.org/
- World’s Largest Lesson: www.globalgoals.org/worldslargestlesson
- Global Education and Leadership Foundation: http://tgelf.in/
- UNICEF: UN agency working for children www.unicef.org
- Happy, simply sustainable living: http://happysimply.wordpress.com
- Polio Points local action global impact: http://makingthepoint.org
- AVAAZ: Global online petition and activism http://www.avaaz.org
- Int. Young Professionals Foundation: http://www.iypf.org/
- Oaktree youth advocacy & development: http://theoaktree.org/
- The End of Polio campaign: http://www.theendofpolio.com
- Vivo online awards platform: https://www.vivoclass.com/
- RESULTS political will to end poverty: http://www.results.org/
- Gates Foundation: http://www.gatesfoundation.org/
- Fairtrade International: http://www.fairtrade.net/